



Introducing Dr Connor Bryant...

After 11 years at the practice I am pleased to find I need a bit of help!

After eleven remarkably short seeming years at the practice I have reached a point where my hands are rather full. I have reached a point where I have to close my list to new patients in order to maintain my patient care and customer service at the high levels you all enjoy. I am delighted to announce that Dr Connor Bryant joins us in September, escaping the chaos of London for the rolling hills of the Cotswolds. My patient list will close in August and Connor will be seeing all new patients to the practice for the foreseeable future. Any non-regular patients - those I haven't seen for over 3 years will also pass to his list. One of the added benefits of Connor joining us is that I can go on holiday relaxed in the knowledge that if any of you have an emergency you are in particularly excellent hands, little did you know how much I worry about you all when I'm away!

Connor graduated from Kings college London with honours after gaining multiple awards for his clinical and academic work. He has a passion for minimally invasive dentistry, alongside a thirst for the latest in dental technology and techniques, another geeky gadget lover in our midst! Like the rest of the team Connor teams his nerdy science side with a great sense of humour and he's a real people person, keen to get to know and understand his patients to provide them with the utmost care. Outside of work Connor's other passion lies in adventure sports. You're most likely to find him rock climbing, kayaking down a river or scuba diving inside shipwrecks around the world.

Fascinating facts...

...**toothbrushes** as we know them were not invented until 1938. Different forms of tooth cleaning devices were around from about 3000BC, including 'chew sticks' which are like a thin twig with a frayed end which was rubbed against the teeth.

Tepe brushes...

...As you may remember, dental **flossing** hit the news last year as the American Dental Associate removed it from their guidelines - not brilliant reporting - the reality is that they changed it to the broader product of 'interdental cleaners'. The true message is **use interdental brushes where they fit and floss where they do not.** Toothbrushing alone simply isn't enough.

New Scanner...

Many of you know what a revolution our scanner has been. It shocks me that we have had our iTero for 7 years! (A lot of this edition of the newsletter is making me feel old!) No more goopy gungey impressions for crowns, bridges, braces and implant work, evoked a total change to our clinical practice and I know you love it as much as we do. The accuracy is incredible and adjustments have become a rarity.

So why on earth are we changing? Well they made a new one...and it's even better!

Those of you who have had orthodontic scans will be pleased to hear this new scanner is much quicker - rather than taking individual shots it 'videos' the mouth which cuts time significantly. Once we've had a bit of practice we anticipate full mouth scans to take less than 5 minutes.



The scanner has an outcome simulator so if we scan your mouth we can see how your teeth would look straightened 90 seconds after scanning - no couple of weeks waiting like we have now and no additional charge!

This scanner will allow us to have ultra highly detailed records and we can

overlay old and new scans, allowing highly accurate monitoring of recession, erosion, wear and more.

We will be adding whitening trays, single tooth dentures and possibly even larger span dentures in time. Also large span implant bridges which had hitherto been just outside iTero's scope. I could write about this for a dozen pages but will resist and show you when you are next here!



Karine...

...has managed to put up with me for ten years this year! Congratulations! When I interviewed Karine for the practice she was coming from a very busy NHS dental practice and I remember being worried she'd be bored and leave in a few months - very pleased to be wrong! As well as having kept your appointments for the last ten years she is now a trainee dental nurse. Taking on a new role and new responsibilities. As well as Karine seeing a different side to the practice, I have seen a different side to a huge number of patients in the form of a whole range of fresh conversational topics - it seems there are many more chats about holidays and cats in reception than in the surgery... until now! What has also warmed my heart is the number of patients who have come in to the surgery and seen Karine and vocalised their relief that she hasn't left, having not seen her on reception, as she is a very cherished member of staff by so many of you. I asked Karine for a quote: 'My 10 year anniversary at the practice! It's a milestone for someone so young as myself!'

Usually we put up gratuitous cute dog pics but in Karine's honour, please welcome - her adorable cat Cinnamon!

